

What is claimed is:

1. An in-line roller skate comprising:
 - (a) a chassis carrying a plurality of aligned wheels; and
 - 5 (b) a skate boot including an outsole and an upper for enclosing and supporting a human foot, said outsole including means for mounting said chassis to said skate boot, said outsole further including a resilient component inserted thereto for reducing shocks and vibrations transferred from said chassis to the human foot.
- 10 2. An in-line roller skate as defined in claim 1 wherein said outsole comprises a heel portion and a front portion, said heel portion including a fork-like structure having upper and lower platforms defining a space therebetween for receiving said resilient component.
- 15 3. An in-line roller skate as defined in claim 2 wherein said upper platform and said lower platform branch out from an intersecting portion of said fork-like structure, said upper platform and said lower platform being adapted to flex at said intersecting portion for compressing said resilient component when said in-line roller skate is in normal use.
- 20 4. An in-line roller skate as defined in claim 3 wherein said resilient component is made of rubber or other suitable elastomeric material.
- 25 5. An in-line roller skate as defined in claim 4 wherein said resilient component comprises at least one air pocket.
6. An in-line roller skate as defined in claim 2 wherein a mounting bracket for mounting a rear portion of said chassis to said outsole extends from said lower

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connecting said front and rear pedestals, said blade holder being mounted to said outsole;

5 wherein said outsole comprises a resilient component inserted thereto for reducing shocks and vibrations, said outsole further comprising a fork-like structure having upper and lower platforms defining a space therebetween for receiving said resilient component, said upper and lower platforms branching out from an intersection portion of said fork-like structure and being adapted to flex at said intersection portion for compressing said resilient component.

10 20. An ice skate as defined in claim 19 wherein said blade holder is integrally connected to said outsole.